



## PACKING TIPS

### BE COMFORTABLE

Pack clothes which can be worn in layers and colors which allow you to mix and match. Note that at many holy sites shorts and sleeveless outfits are not permitted.

### CONSIDER THE FOLLOWING:

- Cotton and linen garments will keep you comfortable and can be easily laundered. Layer with a sweater for cool nights.
- Bring a rain jacket, a few sweaters and long pants for visits between October and April.
- Pack comfortable walking shoes or sandals for sight-seeing.

## PACKING CHECKLIST

Don't forget the essentials. You can bring anything you need to make your trip more comfortable, but this list can help you make sure you bring the important stuff.

- 2 pairs of walking shoes
- Change of clothes for everyday
- Modest Clothing
- Toiletries
- Jacket
- Umbrella
- Power Adapter (provided)
- Power Converter (for appliances i.e. straightener)
- Bible
- Sleep Medicine
- Snacks
- Sunglasses
- Sunscreen
- Neckpillow (for plane ride)
- Flip Flops
- Bathing Suit



# BE IN THE KNOW ITALY

# FAQ

## WHAT WILL THE WEATHER BE LIKE?

You can plan for highs in the mid-90s and lows in the high 70s. You can also go to our website and click on the weather information link and type in 'Rome, Italy' or another city to find current temperatures.

## DO I NEED TO EXCHANGE MONEY?

You can exchange money at the airport. ATMs are available throughout Italy for your convenience. Major credit cards are accepted in most places (be sure to contact your bank to alert them of your travel dates and destination).

## WHAT IS THE TIPPING CUSTOM?

Tips and gratuities for portage and hotel dining are included. A voluntary Love Offering for your Guide and Driver will be taken as an expression of our appreciation. The suggested amount is \$10/day per person.

## HOW MANY SUITCASES CAN I BRING?

Your e-ticket includes one checked bag up to 50lbs, one carry on item and one personal item. Be sure all bags are clearly marked with your name and address. It is advisable to pack any medicine and valuables in your carry-on bag which will always be with you.

# TRAVEL INSURANCE

## TRAVELX INSURANCE

24/7 Emergency number for reservations, rental cars, hotels, lost passports, and other travel-related emergencies.

- Outside USA & Canada: 844-775-8042
- Within USA & Canada: 844-215-1672

## AVOID JET LAG

Jet lag is a normal occurrence, but there are a few things you can do to minimize this:

- Avoid sugar and caffeine
- Drink lots of fluid
- Eat a balanced meal
- Plan to sleep in flight

# HELPFUL HINTS

## ELECTRIC APPLIANCES

You will need both a Converter and Adapter plugs to operate American appliances.

## IDENTIFICATION

Please place luggage tags on suitcases and wear name lanyards at all times.

## TELEPHONE CALLS

You can call your service provider to add an international plan for your trip. We recommend using a free app called WhatsApp for calling and texting.

